

## **Weekly Prayer Strategy**

**10 July – 16 July 2017**

**This week's prayer strategy is based on the sermon by Paul Nyamuda entitled: Overcoming The Flesh.**

### **Prayer Point 1**

**Galatians 5:16-18**

**So I say, walk by the Spirit, and you will not gratify the desires of the flesh. For the flesh desires what is contrary to the Spirit, and the Spirit what is contrary to the flesh. They are in conflict with each other, so that you are not to do whatever you want. But if you are led by the Spirit, you are not under the law.**

- Ask God the Father to give you a full revelation of what it means to completely walk in the Spirit.
- Pray that God the Father would give abundant grace to fall in love with the person of the Holy Spirit.
- Ask the Holy Spirit reveal to you any areas in which your flesh is not completely submitted to Him. (In some instances you may have to prayerfully explore further the root cause of that lack of submission and where necessary seek deliverance). Repent for each of those areas where you operate in the flesh and commit yourself to living a life fully led of the Spirit and not of the flesh.

### **Prayer Point 2**

**Galatians 5:19-21**

**The acts of the flesh are obvious: sexual immorality, impurity and debauchery; idolatry and witchcraft; hatred, discord, jealousy, fits of rage, selfish ambition, dissensions, factions and envy; drunkenness, orgies, and the like. I warn you, as I did before, that those who live like this will not inherit the kingdom of God.**

Read through the following categories of sin:

1. Sins of impurity (Adultery, Fornication, Uncleaness, Lasciviousness).
2. Sins of Idolatry (Mammon, Witchcraft, Sorcery, Spiritists, Mediums).

3. Sins of hostility (Hatred – 1 John 3:15; Variance – disputes and quarrels; Emulations/Envy – envying the good fortune of others; desire to surpass others; Wrath; Strife – office seeking, Seditious; Heresies; Murderous)
4. Sins of Intemperance (Drunkenness, Wild Parties).

- Repent of any above sin evident in your life.
- Furthermore, ask the Holy Spirit to reveal all hidden sin in your life and repent accordingly.
- Renounce any evil practices/rituals (divination, occult, sorcery) you may have been a part of and where applicable dispose of any materials/gadgets in your possession associated with such evil practices. (Please do seek guidance from your cell leader or pastor on some of these issues).
- Where you are battling with recurring sin, there may be a demonic stronghold that may require to be addressed. (Please do seek counsel from your cell leader or pastor immediately).

### **Prayer Point 3**

#### **James 3:13-18**

**Who is wise and understanding among you? Let them show it by their good life, by deeds done in the humility that comes from wisdom. But if you harbour bitter envy and selfish ambition in your hearts, do not boast about it or deny the truth. Such “wisdom” does not come down from heaven but is earthly, unspiritual, demonic. For where you have envy and selfish ambition, there you find disorder and every evil practice. But the wisdom that comes from heaven is first of all pure; then peace-loving, considerate, submissive, full of mercy and good fruit, impartial and sincere. Peacemakers who sow in peace reap a harvest of righteousness.**

- Pray that we may be a Church whose every deed is done in the humility that comes from heavenly wisdom.
- Pray that you may always walk in purity and that your conduct may be peace-loving, considerate, submissive, full of mercy and good fruit, impartial and sincere.

## **Prayer Point 4**

**Galatians 5:22-25**

**But the fruit of the Spirit is love, joy, peace, forbearance, kindness, goodness, faithfulness, gentleness and self-control. Against such things there is no law. Those who belong to Christ Jesus have crucified the flesh with its passions and desires. Since we live by the Spirit, let us keep in step with the Spirit.**

- Pray that you will desire the fruit of the Spirit and that it would consistently manifest in your life.

## **Prayer Point 5**

**Romans 7:24-25**

**What a wretched man I am! Who will rescue me from this body that is subject to death? Thanks be to God, who delivers me through Jesus Christ our Lord! So then, I myself in my mind am a slave to God's law, but in my sinful nature a slave to the law of sin.**

**Galatians 2:20**

**I have been crucified with Christ and I no longer live, but Christ lives in me. The life I now live in the body, I live by faith in the Son of God, who loved me and gave himself for me.**

- Spend some time thanking God for the gift of His son Jesus Christ who came to rescue us from sin and its nature and through salvation has regenerated our spirit, imparting to us a new nature.

## **Prayer Point 6**

**Romans 8:13 NIV**

**For if you live according to the flesh, you will die; but if by the Spirit you put to death the misdeeds of the body, you will live.**

**Romans 8:13 NLT**

**For if you live by its dictates, you will die. But if through the power of the Spirit you put to death the deeds of your sinful nature, you will live.**

## **Ephesians 4:27**

**“In your anger do not sin”. Do not let the sun go down while you are still angry, and do not give the devil a foothold.**

- Pray for a continued alertness to the wiles (trickeries) of the enemy so that you may never be blind to the consequences of sin in your life or be deceived that sin has no consequences.

## **Prayer Point 7**

Make a decision to overcome every work or temptation of the flesh. Pray the following:

- That you will be fully submitted to God in all you do and that you will always actively resist the devil.

### **James 4:7-8**

**Submit yourselves, then, to God. Resist the devil, and he will flee from you. Come near to God and he will come near to you. Wash your hands, you sinners, and purify your hearts, you double-minded.**

- That you will always watch and pray.

### **Matthew 26:41**

**Watch and pray so that you will not fall into temptation. The spirit is willing, but the flesh is weak.**

- Pray that you will always starve the flesh irrespective of what temptation might come your way.

### **Romans 13:14**

**But put on the Lord Jesus Christ, and make no provision for the flesh in regard to its lusts.**

- Pray that you will actively invest in the things of the Spirit in every area of your life.

### **Galatians 6:8**

**For the one who sows to his own flesh will from the flesh reap corruption, but the one who sows to the Spirit will from the Spirit reap eternal life.**

- Pray that you will always resolve to set your heart to the things of God.

**Colossians 3:1-3,10**

**Since, then, you have been raised with Christ, set your hearts on things above, where Christ is, seated at the right hand of God. Set your minds on things above, not on earthly things. For you died, and your life is now hidden with Christ in God.....and have put on the new self, which is being renewed in knowledge in the image of its Creator.**

- Pray that you will always clothe yourself in your new identity in Christ.

**Colossians 3:11-14**

**Here there is no Gentile or Jew, circumcised or uncircumcised, barbarian, Scythian, slave or free, but Christ is all, and is in all. Therefore, as God's chosen people, holy and dearly loved, clothe yourselves with compassion, kindness, humility, gentleness and patience. Bear with each other and forgive one another if any of you has a grievance against someone. Forgive as the Lord forgave you. And over all these virtues put on love, which binds them all together in perfect unity.**

- Pray and consecrate every aspect of your life to Christ.

**Col 3:15-17**

**Let the peace of Christ rule in your hearts, since as members of one body you were called to peace. And be thankful. Let the message of Christ dwell among you richly as you teach and admonish one another with all wisdom through psalms, hymns, and songs from the Spirit, singing to God with gratitude in your hearts. And whatever you do, whether in word or deed, do it all in the name of the Lord Jesus, giving thanks to God the Father through him.**

- Make a decision to renew your mind daily

**Romans 12:2**

**Do not conform to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God's will is—his good, pleasing and perfect will.**