

Weekly of Prayer Strategy

5 March - 10 March 2018

This week's prayer strategy is based on the sermon by Paul Nyamuda entitled: Higher Dimensions in Relationships Pt 3.

Prayer Point 5 - Trust

Exodus 18:21

Furthermore, you shall select out of all the people able men who fear God, men of truth, those who hate dishonest gain; and you shall place these over them as leaders of thousands, of hundreds, of fifties and of tens.

- Consider the following trust destroyers: Breaking a promise, inconsistency, collecting injustices over a time period instead of addressing an issue there and then, saying yes when you really want to say no, not communicating, having hidden agendas or unclear expectations and transference of other issues.
Ask the Holy Spirit to reveal to you the trust destroyers evident in your life. Repent and resolve to become a trustworthy person. Where possible ask for forgiveness from those you have let down especially your loved ones.
- Repent for where you have made certain inner vows stemming from hurts caused when trust was eroded. Pray that God the Father will begin a work of healing in those areas of your heart.
- Pray and ask the Lord to help you trust again.
- Where issues of mistrust have caused you to isolate yourself from your loved ones, pray that the Lord will grant you the willingness and grace to return to community once again.
- Pray that the following commitments that build trust will become of your lifestyle: (hold each other accountable with your accountability partners/group):
 - I commit to do what I say I will do and when I don't I will tell you.
 - I commit to not over promise and under deliver.
 - If you confront me about gaps I have created I will acknowledge it.
 - When there is a gap between what I expect and what I experience I will fill it with trust.
 - When I catch someone filling the gap with suspicion I will defend you.

- If I see something that erodes my trust I will come to you directly and not “via via”.

Prayer Point 7 – Vulnerability

2 Corinthians 12:9-10

“But he said to me, “My grace is sufficient for you, for my power is made perfect in weakness.” Therefore, I will boast all the more gladly of my weaknesses, so that the power of Christ may rest upon me. For the sake of Christ, then, I am content with weaknesses, insults, hardships, persecutions, and calamities. For when I am weak, then I am strong.”

Matthew 26:36-45

36 Then Jesus went with them to a place called Gethsemane, and he said to his disciples, “Sit here, while I go over there and pray.” 37 And taking with him Peter and the two sons of Zebedee, he began to be sorrowful and troubled. 38 Then he said to them, “My soul is very sorrowful, even to death; remain here, and watch[a] with me.” 39 And going a little farther he fell on his face and prayed, saying, “My Father, if it be possible, let this cup pass from me; nevertheless, not as I will, but as you will.” 40 And he came to the disciples and found them sleeping. And he said to Peter, “So, could you not watch with me one hour? 41 Watch and pray that you may not enter into temptation. The spirit indeed is willing, but the flesh is weak.” 42 Again, for the second time, he went away and prayed, “My Father, if this cannot pass unless I drink it, your will be done.” 43 And again he came and found them sleeping, for their eyes were heavy. 44 So, leaving them again, he went away and prayed for the third time, saying the same words again. 45 Then he came to the disciples and said to them, “Sleep and take your rest later on.

John 2:23-24

While He was in Jerusalem at the Passover Feast, many people saw the signs He was doing and believed in His name. 24But Jesus did not entrust Himself to them, for He knew all men.

- Ask the Holy Spirit to show you the people you should be vulnerable to.
- Ask the Holy Spirit to reveal to you the things that have stopped you from making yourself vulnerable to those people.

- Pray that that Lord would heal any wounds in your heart that prevent you from being fully vulnerable to your loved ones or those seeking to help you.
- Repent of any projection of an “ideal image” of yourself you may have carried in order to conceal any anxieties or weaknesses.