

GO CHURCH WEEK OF PRAYER & FASTING PRAYER STRATEGY

4 FEB – 8 FEB 2019

Fasting and prayer can restore the loss of the "first love" for your Lord and result in a more intimate relationship with Christ.

Fasting is a biblical way to truly humble yourself in the sight of God (Psalm 35:13; Ezra 8:21). King David said, "I humble myself through fasting".

Fasting enables the Holy Spirit to reveal your true spiritual condition, resulting in brokenness, repentance and a transformed life.

The Holy Spirit will quicken the Word of God in your heart and His truth will become more meaningful to you!

Faith-based confessions bring into existence those things God has promised. As you confess what God says about you, the evidence will manifest (Isaiah 44:26). Here are some confessions to help establish your faith for answered prayer:

- In the name of Jesus, I declare that I have a blood-bought right to answered prayer. The Word of God is my guarantee. Father, by prayer, supplication and with thanksgiving, I can make my requests known to You. You hear the prayer of the righteous and answer them. Your eyes are on me and Your ears are open to hear my prayers.
- I am connected to Christ Jesus, and I am anointed. In everything I do, I am more than a conqueror. Because I abide in You, and Your Word abides in me, I see the manifestation of answered prayer. When I speak Your Word, it does not return without accomplishing what it was sent to do.
- Lord, I thank You that I walk in favour with man and with You. Wherever I go and whatever I do, Your favour goes before me. The effectual fervent prayer of a righteous person avails much. Therefore, I believe I receive what I pray for right now. In Jesus' name, Amen!
- Make the word personal by inserting yourself in God's Word:
"And the LORD shall guide (me) continually, and satisfy (my) soul in drought, and make fat thy bones: and (I) shalt be like a watered garden, and like a spring of water, whose waters fail not. And they that shall be of thee shall build the old waste places: thou shalt raise up the foundations of many generations; and thou shalt be called, the repairer of the breach, the restorer of paths to dwell in" (Isaiah 58:11-12).

As you meet God's prerequisites, God will bring twelve benefits into your life. (1) Your light to rise in obscurity (out of darkness). (2) Your darkness (gloominess) shall be as bright as the light at noon. God continues the list of benefits in the next several verses. (3) The Lord will guide you continually. (4) He will fill your soul (mind, will, emotions) to satisfaction in a time of drought. (5) He will make your bones fat. The bones are the manufacture of the blood cells. Healthy bones produce healthy blood cells for the rest of the body. (6) You shall be like a watered garden (alive, growing, and productive). (7) You will be like a spring of water, gushing up with power. (8) You will be like a spring that does not go dry. (9) You will build up the old waste places. Wherever your life has been wasted, God will make a blessing from it. (10) You will raise up the foundations of many generations. The generational curse will be broken. You will build where others stopped short. (11) You will gain the name, "The repairer of the breach". (12) You will gain the reputation of being the one who got back on the right path of holiness living as one should live.

DAY 1 - MONDAY 4 FEB: CONSECRATION, REPENTANCE & WORSHIP

Our confessions are powerful during this fast. Let's thank God for this:

Isaiah 42:9 - Behold the former things are come to pass, and new things do I declare: before they spring forth I tell you of them...

Isaiah 43:18-19 - Behold I will do a new thing; now it shall spring forth...

Mt 12:34-37 - Out of the abundance of the heart the mouth speaketh...For by thy words thou shall be justified and by thy words shall thou be condemned.

Your very words coming out of your mouth are what will determine your future...You can either speak life or death to your situation.

Proverbs 18:21 - The power of life and death are in the power of the tongue.

Proverbs 15:4 - A wholesome tongue is a tree of Life.

Consecration of your body (For both married and single people):

A. My body was not made to participate in any kind of sexual activity outside of marriage; instead, it was made to glorify God (1 Corinthians 6:13-20).

My body belongs to Him because He purchased it with the blood of Jesus. As a result, the Holy Spirit came to live inside of me, and I am now one with God. I will not defile this temple by having sex before marriage.

B. I choose not to look at anyone in a lustful way (Matthew 5:28). I know how to abstain from sexual sin and honor God with my body (1 Thessalonians 4:3-4).

- C. I purpose not to damage my soul (my mind, will and emotions) by participating in sex outside of marriage (Proverbs 6:32). Neither do I go to places or associate with people who tempt me to have premarital sex (Proverbs 7:7-8).
- D. I allow the wisdom and knowledge of God to control my thoughts so I can avoid the immoral people who try to seduce me (Proverbs 2:10,16).
- E. I guard my heart and mind by meditating on God's Word daily. I will not allow any immoral thoughts to stay in my mind. Instead, I cast down every thought that is contrary to God's Word by speaking the Word over my life. I do not look to the right or to the left, but straight ahead to the Word of God (Proverbs 4:23-27; 2 Corinthians 10:4-5).
- F. I will not allow past sins to hinder me from inheriting the blessings of God (Romans 4:7; 1 John 1:9; Acts 26:18; Colossians 1:12-14; Ephesians 1:6-7).

DAY 2 - TUESDAY 5 FEB - FAMILIES

Prayer for families, marriages, children, relationships in families, salvations, recommitments.

Some prayer items:

- Understanding and carrying the Father heart of God.
- Fathers:
 - In your own families.
 - In the church and body of Christ.
 - Father to arise in the body of Christ and the nations.
- Marriages:
 - General:**
 - No weapon formed against them will prosper (*Is. 54:17*).
 - God will be wall of fire around and glory within (*Zech. 2:5*).
 - Marriage bed held in honour (*Heb. 13:4; Mt. 5:28*).

Wives:

- Would be the best “ezer” or Helper for her husband (*Gen. 2:18*).
- Submit to own husband (*Eph. 5:22-24*).
- Comfort and encourage own husband (*Prov. 31:12*).
- Be affectionate towards own husband (*1 Cor. 7:3*).
- Guard heart and mouth (*Mt. 12:34-37 & 6:21; Ps 141:3; Prov. 31:26; Jn. 7:38*).
- Adorn self (*1 Pet. 3:3-5; Prov. 21:19*).

Husbands:

- Love wife (*Eph. 5:25-29*).
 - Sanctify and cleanse wife (*Eph. 5:26*).
 - Facilitate for wife to present her beautified, holy self to him (*Eph. 5:27*).
 - Nourish, cherish and love wife as own body (*Eph. 5:28-29*).
 - Render wife the affection due her (*1 Cor. 7:3,5*).
 - Honour wife (*1 Pet. 3:7*).
 - Father children.
 - Provide for family.
- Parents (in the image of God He created THEM male and female):
 - Love.
 - Wisdom to parent, teach, disciple, train, lead, love, nurture and so forth (*1 Tim. 2:4-5*).
 - Eyes to see.
 - Children:
 - Would experience Godly love, acceptance, nurturing, safety, security, training and discipleship.

Please refer to the Praying with Purpose Series for in-depth notes and prayer guidelines: www.gochurch.co.za

DAY 3 - WEDNESDAY 6 FEB - CHURCH

Prayer for Church, Go Churches & God's people.

Some prayer points:

- A church that is unified; unity (*Jn. 17:21; Acts 2:42-47*).
- A prayerful Church (*1 Thess. 5:16-18*).
- A faith-filled Church (*Heb. 11:6*).
- A Spirit-filled Church (*Eph. 5:18; Jn. 7:39; 20:22*).
- A Church filled with love (*Jn. 13:35*).
- A Church for the city/nation (*Lk. 19:41; Acts 2:42-47*).
- A powerful, disciplined, growing Church that disciplines (*Acts 2:42-47*).
- The name of Jesus held in honour (*Acts 19:17*).
- A mission-minded Church (*Mk. 1:35-38*).
- A Church that teaches the Word and the Word spreads widely (*Acts 19:8-10, 20; Acts 5:28-29*).
- A Church that accepts and restores the rejected (*Acts 2:2-6*).
- A Church that is Christ-like (*Acts 4:13; Mt. 11:28-29; Mk. 1:22; Mt. 19:14*).
- A Church that demonstrates the supernatural (*Acts 4:16; 19:11-12; Acts 8:5-8*).
- A Church that brings joy (*Acts 8:5-8*).
- A generous Church (*Acts 9:36-39*).
- A Holy Church (*Lev. 19:2; Acts 17:16-21*).
- A prayerful Church (*Is. 56:7; Mt. 21:13*).
- An apostolic & prophetic Church (*1 Cor. 12:28; Acts 27:10-25*).
- A church of divine order (*1 Cor. 12:28; 14:40*).
- A relevant Church (*Mk. 16:15*).
- A church with a Biblical Worldview (*2 Cor. 10:3-6; 1 Pet. 3:15; Rom. 12:2; Col. 2:8*).
- An influential Church (*Acts 19:30-31*).

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DAY 4 - THURSDAY 7 FEB – OUR NATION

Prayer for leaders, the people and our nation in general.

General:

- Prayers, intercessions, giving of thanks made for leaders (*1 Tim. 3:1-4, Deut. 17:14-20*).
- That leaders would govern in such a way that we may lead quiet and peaceable lives in godliness and reverence (*1 Tim. 3:1-4*).
- Government would fulfill its first duty, to protect the life, property and other God ordained inalienable rights of the citizenry (*Gen. 9: 6; Ex. 20:13; Acts 5:1 – 4; Ez. 46: 18; Gen. 34:10; Lk. 10 :7; 1Tim. 5:18; Rom. 4:4*).
- Government would operate under the rule of law, diligently applying the same legal rules and sanctions without regard to any individual's power or stations of life. No one is above the law including the king or the president (*Rom. 2:11; Deut. 17: 18 – 20*).
- That God would raise up born-again, Spirit-filled, disciplined Christians in these key positions in government who have a biblical worldview and know their God (*Dan. 11:32*).
- That God would surround these positions with wise counsellors who have a biblical worldview and know their God (*Dan. 5:13-14; 11:32*).
- That God would provide His solutions and blue print to those decision makers in authority, and that they would have ears to hear and obey.

For the Judiciary, Legislature, Executive, Military Civil Services:

- Pray for the men and women involved.
- Protection.
- Impartiality, sharpened conscience, integrity, wisdom, freedom from the fear of man (*Deut. 1:13-19*).
- Fear of God and wisdom (*Prov. 9:10; Is 11:2; Eph. 1:17*)
- That the laws of God would be upheld and reflected in the laws of the land.
- That decisions are made with righteousness (*Prov. 16:12*).
- That those governing do so with the heart of our King.

- That the people of the nation are carried in their hearts.

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DAY 5 – FRIDAY 8 FEB - PERSONAL BREAKTHROUGH

Confession of Faith...

“I shall abide under the Shadow of the Almighty and He gives His Angels charge over me... Ps.91”

Because I am the righteousness of God, angels have been sent to minister to me. They respond to the Word of God which I speak. Therefore, I loose angels with the words of my mouth.

I say today, let the Lord be magnified who takes pleasure in my prosperity. In the name of Jesus, I command the angels to bring to me prosperity in my spirit, in my home, in my body, in my family life, and in my finances.

I declare promotion and command the angels to bring promotion into my life. I have a blood-bought covenant promise from God Almighty to multiply exceedingly. Therefore, I confess I am exceedingly fruitful and blessed, right now, in Jesus name! I command the angels of God to go and bring this covenant to pass in my life now! I have the power to get wealth and release the angels to bring wealth into my life.

I declare right now that I am healthy, healed, delivered, and freed from the bondage of sin. I am the head always, and never the tail. I am above only, and never beneath. I lend, not borrow, and everything I put my hands to prospers.

I walk in the favour of God and my favour is increased even as I am speaking. I have more than enough money to pay every bill that comes in, and I declare I am totally debt-free now! I have the authority of Heaven and in the name of Jesus, I declare that whatever I bind on the Earth, is bound in Heaven, and whatever I loose on the Earth, is loosed in Heaven.

I am free from unforgiveness and I set my will to forgive anybody for anything, no matter what! I walk in the love of God toward everyone, no exceptions! I send my angels forth right now, to do God’s pleasure and bring these words to pass. Angels, go now, and minister prosperity unto me, in Jesus name!

Father, I thank You in advance for all You have done on my behalf. Like You, I have declared what will be and am committed to calling those things that be not as though they are. Right now, I rejoice, and I am exceedingly glad that you have granted to me the petitions I have requested, while I am yet speaking. My total life prosperity is settled now, and with great expectation, I will continuously speak faith-filled words,

and allow my every word and thought to confirm what I believe I have received, in Jesus name. Amen.

Scriptural references:

Psalm 103:20, 21. Psalm 35:27. Hebrews 1:13. Matthew 16:19. Psalm 5:12. Deuteronomy 28:1-13. 1 Peter 2:24. 1 Corinthians 13

Concerning Total Life Prosperity:

- A. Jesus is the Apostle and High Priest over my profession, and what I profess is the Word of God concerning favor over my life (Hebrews 3:1).
- B. The Lord helps me to guard the door of my mouth and trains me not to speak against His favor at work in my life (Psalm 141:3, *AMP*).
- C. I will not allow any corrupt communication to proceed out of my mouth. Instead, I will speak only that which is good, full of grace and edifying to others (Ephesians 4:29).
- D. As the righteousness of God, I declare that I am favorable in God's sight (Job 33:26, *AMP*; Psalm 5:12; Proverbs 14:9).
- E. Like Joseph, I prosper wherever I go and in every situation I am in because the Lord is always with me. I, too, experience preferential treatment (Genesis 39:1-6, 21).
- F. I am blessed and highly favored (Luke 1:28).
- G. I associate with those who are blessed and highly favored so that I may increase in every area of my life (Genesis 30:27).
- H. I operate in integrity; as a result, I obtain favor from God (Proverbs 11:27; 12:2).
- I. I actively seek and live by God's wisdom; therefore, I am highly favored and esteemed in the sight of God and men (Proverbs 3:1-4; 8:33-35).
- J. I declare that God's favor promotes and causes me to increase daily (Esther 2:17; Psalm 75:6-7).
- K. The Lord takes pleasure in my total life prosperity (Psalm 35:27).
- L. Because I am God's "favorite," I prosper in every area of my life-spiritually, physically, financially, socially and mentally (3 John 2).
- M. Because the favor of God shields me, no sickness or disease has a right to live in my body (Deuteronomy 7:15; Psalm 5:12).
- N. Wealth and riches are in my house because I am empowered with His anointing and favor to draw wealth (Deuteronomy 8:18; Psalm 112:3).