

Appendix 4- Generational Patterns

(Taken by Paul Nyamuda's Freedom book)

There are many schools of thought with regards to the impact of the sins of our forefathers. To what degree does the sin of a mother or father have influence on their children and grand children. Some people will quote the scriptures below:

Exodus 20:5-6 -

"You shall not worship them [i.e., false gods or idols] or serve them; for I, the Lord your God, am a jealous God, visiting the iniquity of the fathers on the children, on the third and the fourth generations of those who hate Me, but showing loving kindness to thousands, to those who love Me and keep My commandments."

Upon examining this scripture it's important to note that nothing explicit is stated about a demon passing on to the next generation. In the same way that people have taught with enthusiasm the power of generational weaknesses we need to also teach people how to embrace the blessing (thousands of generations) to those who keep God's commandments. The emphasis of this passage is God's mercy. I believe that things are activated in our lives through faith. What do you have faith for. Many people have resigned themselves to the fact that because their parents and grand parents were bound by poverty then that's their lot in life too. Because parents pass on mindsets that become strongholds in their children's lives, very often the same strongholds that give the enemy a legal right in the life of a parent often end up operating in the life of their offspring. In many cases demons also have access to the next generation because the same belief system is passed on. Another strategy of the enemy is to get the next generation to remain unhealthily connected to the sins of the fathers through unforgiveness. When you do not forgive your parents for wrongs done against you, you tend to make inner vows or bitter root judgments ("I will never be like my father!"). This mindset of pride and bitterness opens a door to the enemy and we begin to see the same demonic onslaught perpetuated into the next generation. Nevertheless, for those who believe that demonic oppression is completely generational I would encourage you to stand on the fact that you now have a new blood line in Christ Jesus.

I like what Sam Storms says about the passage above:

It is crucial to observe what the text says about those on whom this judgment comes. It is "those who hate Me" who are subject to this punishment. Nothing is said about innocent victims of ancestral rebellion. Along these lines, we must take into consideration [Deut. 24:16](#) - "Fathers shall not be put to death for their sons, nor shall sons be put to death for their fathers; everyone shall be put to death for his own sin" (cf. [Ezek. 18:2-4, 20](#)). The point is this: if you do not "hate" God, this threat is not applicable to you. We should also note that divine "blessing" or the experience of "loving kindness" does not extend automatically to the children of godly people but only to "those who love Me [God] and keep My commandments."

Meditate on the scriptures below which emphasize how Christ's work is far bigger than the sin of your forefathers:

- *“... that through death He might destroy him who had the power of death, that is, the devil, and release those who through fear of death were all their lifetime subject to bondage.” (Hebrews 2:14)*
- *“He has delivered us from the power of darkness and translated us into the kingdom of the Son of His love, in whom we have redemption through His blood, the forgiveness of sins.” (Colossians 1:13)*
- *“Having disarmed principalities and powers, He made a public spectacle of them, triumphing over them in it.” (Colossians 2:15)*
- *“For this purpose the Son of God was manifested, that He might destroy the works of the devil.” (1 John 3:8)*
- *“And they overcame him by the blood of the Lamb and by the word of their testimony, and they did not love their lives to the death.” (Revelation 12:11)*
- *“Let this mind be in you which was also in Christ Jesus, who, being in the form of God, did not consider it robbery to be equal with God, but made Himself of no reputation, taking the form of a servant, and coming in the likeness of men. And being found in appearance as a man, He humbled Himself and became obedient to the point of death, even the death of the cross. Therefore God has also highly exalted Him and given Him the name which is above every name, that at the name of Jesus every knee should bow, of those in heaven and of those on earth, and those under the earth, and that every tongue should confess that Jesus Christ is Lord, to the glory of God the Father.” (Philippians 2:5-11)*

How are we to pray and exercise our authority in Christ when we see patterns of weaknesses in our family line?

God has called us to disavow ourselves with regards to the sinful practices of our forefathers. The fact of the matter is that in scripture there are frequent references to children continuing in the sinful practices of their forefathers. When it comes to spiritual warfare children are very vulnerable and exposed to demonic interference often not through any fault of their own. On the African continent many covenants are made on behalf of children, resulting in bondage from a young age.

Clint Arnold recommends that *"the solution is to recognize the sinful tendencies and the past ungodly commitments, ties, and allegiances of one's family and to disavow them. It is especially important to note that this is not a repudiation of one's family, only a renunciation of the sinful patterns and connections"*

If you are wondering whether you will be bound for life because of an ancestral curse then look at

Proverbs 26:2

Like a fluttering sparrow or a darting swallow, an undeserved curse does not come to rest.

Bruce Waltke explains it this way:

As long as a bird is flying hither and yon in an agitated and aimless manner, it remains in the air without landing. Likewise, a groundless curse cannot land in the order of redemption, for a legitimate landing place (i.e., a guilty person) is lacking (cf. [Ps. 109:3](#), [17-19](#), [28](#)). The deadly effect of a deserved curse (i.e., a word that condemns its victim to sterility, death, and defeat) will come to pass (cf. [Deut. 28:15](#); [29:19](#)[18], [20](#)[19]; [Josh 6:26](#); [1K. 16:34](#); [2 K. 2:24](#); [Prov. 30:10](#); [1 Cor. 16:22](#)), but not an undeserved curse (cf. [Num. 22:6](#); [23:8](#); [Deut. 23:4](#)[5], [5](#)[6]; [1 Sam. 17:43](#); [2 Sam. 16:12](#); [Jer. 15:10](#)).

Since the Creator and Lord of history is the source of blessing and cursing through a fellow human being, the proverb infers that the undeserved/unfitting curse is ineffective because the Sovereign does not back it up. 'They may curse, but you will bless' (Ps. 109:28)" (Commentary on Proverbs, [Eerdmans], 347-48).

I have seen from praying for people that demons can impact them and reside in and oppress various places in their bodies. Whether these demons started to affect them as a child or more recently, they have remained there because of ignorance, passivity or sin. Many people experience freedom when they realise that as a child of God it does not have to be so.

*In **Jesus Christ's name** I declare that I am not in agreement to any form of *sin*, or *disobedience* that operates in this world and against the throne of God, as I am not in agreement to any person, or family member who deliberately sins, or perverts God's ways. In the Mighty name of Jesus Christ I praise You Father God for Your good and righteous ways and I seek to live by Your Spirit and reap the rewards of living by Your righteousness. I renounce the behaviour of any relative in our family background who has lived more for the world, than for God. I renounce any ungodly beliefs, traditions, rituals, or customs my people may have followed. I repent of those family members who sought to fulfill the selfishness of their desires, and those who have perverted God's righteousness for I myself choose to serve God and live by His ways. In Jesus Christ's name I ask Your help Father God to *sever from me and redeem me of every oppressing sinful influence* that has found a way into my life because of a deliberate sin I have committed for I repent of them, and I ask Father in Jesus Christ's name for every **"sin of the fathers"** as stated in **Exodus 20 4-6** that operates against me to be *nullified in the name of Jesus Christ and broken off of me and my children, for I repent of these also.**

Outlined below are some declarations I have adapted from John Eckhardt for your own personal freedom.

I break all generational patterns of pride, rebellion, lust, poverty, witchcraft, idolatry, death, destruction, failure, sickness, infirmity, fear, schizophrenia, and rejection in the name of Jesus.

I command all generational and hereditary spirits operating in my life through covenants to be bound and cast out in the name of Jesus.

I command all spirits of lust, perversion, adultery, fornication, uncleanness, and immorality to come out of my sexual character in the name of Jesus.

I command all spirits of hurt, rejection, fear, anger, wrath, sadness, depression, discouragement, grief, bitterness, and unforgiveness to come out of my emotions in the name of Jesus.

I command all spirits of confusion, forgetfulness, mind control, mental illness, double-mindedness, fantasy, pain, pride, and memory recall to come out of my mind in the name of Jesus.

I break all curses of schizophrenia and command all spirits of double-mindedness, rejection, rebellion, and root of bitterness to come out in the name of Jesus.

I command all spirits of guilt, shame, and condemnation to come out of my conscience in the name of Jesus.

I command all spirits of pride, stubbornness, disobedience, rebellion, self-will, selfishness, and arrogance to come out of my will in the name of Jesus.

I command all spirits of addiction to come out of my appetite in the name of Jesus.

I command all spirits of witchcraft, sorcery, divination, and occult to come out in the name of Jesus.

I command all spirits operating in my head, eyes, mouth, tongue, and throat to come out in the name of Jesus.

I command all spirits operating in my chest and lungs to come out in the name of Jesus.

I command all spirits operating in my back and spine to come out in the name of Jesus.

I command all spirits operating in my stomach, navel, and abdomen to come out in the name of Jesus.

I command all spirits operating in my heart, spleen, kidneys, liver, and pancreas to come out in the name of Jesus.

I command all spirits operating in my sexual organs to come out in the name of Jesus.

I command all spirits operating in my hands, arms, legs, and feet to come out in the name of Jesus.

I command all demons operating in my skeletal system, including my bones, joints, knees, and elbows, to come out in the name of Jesus.

I command all spirits operating in my glands and endocrine system to come out in the name of Jesus.

I command all spirits operating in my blood and circulatory system to come out in the name of Jesus.

I command all spirits operating in my muscles and muscular system to come out in the name of Jesus.

I command all religious spirits of doubt, unbelief, error, heresy, and tradition that came in through religion to come out in the name of Jesus.

I command all spirits from my past that are hindering my present and future to come out in the name of Jesus.

I command all ancestral spirits that entered through my ancestors to come out in the name of Jesus.

I command all hidden spirits hiding in any part of my life to come out in the name of Jesus.