

Appendix 3- Overcoming Addiction

(Taken by Paul Nyamuda's Freedom book)

I am going to use the example of smoking but you can apply this to any kind of addiction:

"I bind the strongman in me in the name of Jesus Christ and command all thoughts connected to smoking to be cast down in the name of Jesus. I command out of me every demon that causes me to crave for cigarettes and enslaves me, in the name of Jesus Christ. I break the power of any compulsive behaviour. I choose to walk in the spirit and not yield to the flesh. I break the power of every demon that tortures me and I now command that they leave me now in Jesus' name. I rebuke you and cast you out in the name of Jesus. Addiction to smoking you have to go, I am no longer in agreement with you. I declare that my body is a temple of the Holy Spirit only to be used for God's glory. My body belongs to Christ. I am not my own. I cannot do with it what I want. I renounce the spirit of independence and rebellion that has made me stubborn. Addiction to nicotine get out of my head, my lungs, my body. Spirit of death I rebuke you and bind and break your power in the name of Jesus Christ. I choose to live for many years serving and glorifying Jesus through my body. All unclean and controlling spirits you have to leave, go, out, all the way out, go, out, get out, come out now. You come up against the power of the precious blood of Jesus and you have to go now. I am out of agreement with you and your assignment is over."

Demons to cast out

Spirit of self-destruction, slow suicide, sting of death, heart and blood diseases, demons in the eyes, nasal passages, respiratory system, emphysema and asthma, break down of immune system, cancer, lung cancer, throat cancer and lip cancer, undue colds, flu, asthma, hypertension, boredom, power trips, rebellion, restlessness, destroying the temple of God, nervous disorders and hindrances to mind function, depression, dull mental awareness, alertness and function, mind control, etc.

Praying For the Addicted

Here is a pattern for ministering to the addicted person from Prayer Closet Ministries, led by Dr Kevin Meador:

Addiction is idolatry. The addict is an idolater who has made an idol, not with his hands, but with his heart (Ezekiel 14:3). Addiction is in reality a lordship problem. The addict has surrendered himself or herself to something or someone other than God. The reason for this surrender is to meet some need or to fulfil some desire. The person turns to something or someone rather than God to meet the need or the desire. Yet, you must realize that there are no helpless cases where Jesus Christ is concerned. The power of Jesus Christ can set the addict free. Through Him, the addict can receive hope and deliverance. This is not just a religious cliché. These are not fancy words that are empty of power and meaning. Jesus Christ is real and His power to change lives stands as an unchanging truth. You can see this power flow into a person's life through prayer. You can receive this power through prayer. Your loved one can be set free! You can be set free through the power of Jesus Christ! The following is a prayer guide that you can use for those who are addicted. You can use these Scripture prayers to intercede for others. You could also use them for yourself if you are addicted.

Father, I plead that You would draw _____ into a personal relationship to Jesus Christ. Let the transforming power of Jesus Christ flow into his/her life (John 3:3, 15-17). Lord, I pray that You

would grant repentance to _____. Cause _____ to turn from this addiction to Jesus Christ (2 Timothy 2:25-26). I pray that _____ would see and understand that Jesus Christ is sufficient for him/her. Let _____ understand that Jesus Christ can meet his/her greatest needs and that He is the only hope that he/she has (Colossians 1:15-23). I ask that _____ would see the dangers involved with his/her addiction. Open _____'s eyes to the damage and destruction that his/her addiction will bring into his/her life. Take away _____'s blindness concerning the danger and destruction of his/her addiction (Proverbs 14:12). Father, I pray in the name of Jesus Christ that You would break the demonic strongholds in _____'s life. Through the blood of Jesus and the authority of His name, I plead that You would remove the demonic powers away from _____ and send these evil spirits to the pits of hell. I ask in the name of Jesus that You would remove any influence that Satan or his demons have in _____'s life (2 Corinthians 10:3-5). Father, I ask You to annihilate any pleasure, satisfaction, or comfort that _____'s addictive behaviour provides him/her. Let _____ find no benefit or help in the addictive behaviour. Cause this addiction to be bitter in his/her sight (Hosea 2:6-7; Ezekiel 37:23). Holy Spirit, I pray that You would destroy the grip that this addiction has on _____'s life. You have the power to break the desire for and the slavery to this addiction. Release this power into _____'s life. Let the power that created the world and raised Jesus from the dead flow into _____'s life, breaking this addiction and turning _____ to the Lord Jesus Christ (Genesis 1:2; Acts 2:32; John 16:7-8). Father, I pray in the name of Jesus that You would enable _____ to cope with the physical and emotional pain in his/her life. Do not allow Satan to use these things to keep _____ dependent on his/her addictive behaviour. Cause _____ to turn to You for the strength to cope with these things. Rescue _____ from turning to the addictive behaviour for relief from the pain. Let Your grace and power flow into _____'s life. Teach _____ to depend on You rather than the addiction (2 Corinthians 1:3-4; Psalm 86:17; Isaiah 12:1, 49:10, 51:3, 12, 52:9; 2 Thessalonians 2:16-17). I plead that You would empower _____ face and deal with the pressures of life. Instead of turning to the addictive behaviour for the strength to cope, teach _____ to turn to You. Reveal Yourself to him/her as the Father of mercies and the God of all comfort. Let Your mercy and comfort flow into _____'s life (2 Corinthians 1:3-4, 8-9). Lord, I ask You to strengthen _____'s family. Grant them hope, peace, and grace. Give them the wisdom that they need to minister to _____. Pour out on them a spirit of persevering prayer for _____. Do not allow them to faint under the pain, misery, or hopelessness that _____'s addiction produces (Proverbs 17:17; Ecclesiastes 4:10). Father, I ask You to cut _____ off from anyone that would enable or encourage _____ to continue in his/her addiction. Remove from his/her

life any relationship that will influence _____ to continue in his/her addictive behaviour. I plead that You would send believers into _____'s life who will love and minister to _____. Give to them a burden to help _____ (Psalm 1:1; Proverbs 1:10-18). I pray that _____ will know and understand that there is hope and deliverance for him/her. Deliver _____ from hopelessness and despair concerning this. Protect _____ from Satan's lies that he/she is a hopeless case. Cause _____ to realize that there is deliverance through Jesus Christ (John 14:6; Acts 4:12; Mark 10:51-52). Father, I plead that as the deer pants after the streams of water, so _____ would long for and desire You. I ask You to grant him/her a deep and abiding hunger for Yourself. I plead that _____ will desire You more than life itself. Enable _____ to get rid of his/her addictive behaviour because he/she desires and hungers for You above anything or anybody (Psalm 42:1, 73:25-26). Father, Your Word says that You heal the brokenhearted and that You bind up their wounds. I ask You to heal what is hurting _____ so much that he/she turns to this addictive behaviour for help and relief. I plead that Your healing power will flow into _____'s life bringing healing to his/her damaged emotions. Set _____ free of any past wounds that drive him/her to this addictive behaviour (Psalm 147:3). Father, I pray that _____ will turn to the Word of God for help and for hope. Let _____ be exposed to sound teaching and preaching of God's Word. Grant _____ a hunger for God's Word; cause him/her to search for Your truth and to seek for that truth in God's Word (Psalm 19; 2 Timothy 3:16-17; John 8:32). Father, I ask that _____ will realize that he/she has a problem. Holy Spirit, work into _____'s heart a deep and abiding conviction concerning his/her addictive behaviour. Cause him/her to recognize that Jesus Christ is his/her only hope. Deliver him/her from any excuses or rationalizations that he/she uses to continue in the addictive behaviour (John 16:7-8). O God, You are the Healer. Your name is Jehovah our Healer. You are a God who can heal. I pray that You will touch and heal _____'s body. Set him/her free from this addiction. Work in his/her body so that he/she no longer needs the addiction (Exodus 15:26).